

# REQUIRED FOSTER PARENT IN-SERVICE TRAINING

<b>First Year</b>	
<b>Traditional Foster Parent (14 hours)</b>	
Working with the Education System	2 hours
Helping Children Make Transitions	3 hours
Parenting the Sexually Abused Child	3 hours
Child Development	2 hours
Cultural Awareness	1 hour
Working with Birth Parents	3 hours
<b>Kinship Foster Parent (17 hours)</b>	
Working with the Education System	2 hours
Helping Children Make Transitions	3 hours
Parenting the Sexually Abused Child	3 hours
Child Development	2 hours
Cultural Awareness	1 hour
Kinship Family Role Conflict	3 hours
Kinship Family Dynamics	3 hours
<b>Youthful Offender (20 hours)</b>	
Parenting the Youthful Offender (includes Working with Birth Parents)	9 hours
Working with the Education System	2 hours
Parenting the Sexually Abused Child	3 hours
Helping Children Make Transitions	3 hours
Child Development	2 hours
Cultural Awareness	1 hour
<b>Second Year</b>	
<b>Non-KEEP Completion (14 hours)</b>	
CPR & First Aid Refresher	4 hours
Medication Administration Refresher	2 hours
Working with the Education System (Foster Parent College Working with Schools can be substituted for classroom course)	2 hours
Fostering Positive Behavior	3 hours
Cultural Awareness	1 hour
Connecting Children and Parents through Visitation	1 hour
What to Know about Child Exploitation and Human Trafficking	1 hour
<b>KEEP Completion (22 hours)</b>	
CPR & First Aid Refresher	4 hours
Medication Administration Refresher	2 hours
KEEP Completion	16 hours

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Third Year	
Non-KEEP Completion (15 hours)	
Elective Training	15 hours
KEEP Completion During Second Year (15 hours)	
Fostering Positive Behavior	3 hours
Cultural Awareness	1 hour
Connecting Children and Parents through Visitation	1 hour
What to Know about Child Exploitation and Human Trafficking	1 hour
Elective Training	9 hours
Fourth Year and Following	
Non-KEEP Completion (15 hours)	
Medication Administration Refresher (Fourth year and every other year thereafter)	2 hours
CPR & First Aid Refresher (Fourth year and every other year thereafter)	4 hours
Elective Training	15 hours (odd years) 9 hours (even years)
KEEP Completion	
Medication Administration Refresher (Fourth year and every other year thereafter)	2 hours
CPR & First Aid Refresher (Fourth year and every other year thereafter)	4 hours
Parents who complete the KEEP curriculum during the third year or thereafter will fulfill their annual training requirements for that year, with the exception of re-certification for Medication Administration and CPR & First Aid, which must be renewed biennially.	

Elective Training		
Approved Elective Options	Type of Training	Maximum Annual Hours
Foster Parent College	Online	7 hours
Annual Foster Parent Conference	Classroom/General Sessions	20 hours
Local Foster Care Associations	Classroom	
Training or Central Office Staff	Classroom/Individual	
Independent Living Staff	Classroom/Individual	
Books/Videos	Individual Study	3 hours

**All other options must be approved by the Office of Learning & Development.**

### Key Definitions:

- **KEEP**—Keeping Foster and Kinship Parents Supported curriculum (16 hours of training credit completed)
- **Non-KEEP**—No training on KEEP or no completion of KEEP curriculum